

HOLY EUCHARIST

THE FEAST OF ST. FRANCIS

(TRANSLATED)
OCTOBER 2, 2022

THE GATHERING OF THE COMMUNITY

Prelude music

Greeting

Celebrant

We live and work and worship here
on land that has been stewarded by others.

People

**We acknowledge the Coast Salish Peoples:
Musqueam, Squamish, and Tseil-Waututh nations.**

Celebrant

We are walking a path of reconciliation with God's help.

People

**May Christ's love be reflected in our words
and in our actions.**

Silence

Celebrant

Almighty God,

People

**to you all hearts are open,
All desires known,
and from you no secrets are hidden.
Cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord. Amen.**

Gathering Hymn

God Who Gives to Life Its Goodness

Common Praise 428

**God who gives to life its goodness,
God creator of all joy,
Giver of all human freedom,
God who blesses tool and toy:
Teach us now to laugh and praise you,
Deep within your praises sing,
Till the whole creation dances
For the goodness of its King.**

**God who fills the earth with beauty,
God who binds each friend to friend,
Giver of all human talent,
God who wills that chaos end:
Grant us now creative spirits,
Minds responsive to your mind,
Hearts and wills your rule extending,
All our acts by love refined.**

The Collect of the Day

Celebrant God our Creator,

People **you always delight to show yourself
to the childlike and lowly of heart:
grant that, following the example
of our blessed brother, Francis,
we may count the wisdom of this world as foolishness
and know only Jesus Christ and him crucified;
who is alive and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.**

Young People's Time: The Season of Creation

After a short talk at the front of the church, young people are invited to join in an activity in our Godly Play room. They return for the communion.

THE PROCLAMATION OF THE WORD

Psalm 148

1 Hallelujah! Praise the Lord from the heavens; *
praise God in the heights.

**2 Praise the Lord all you angels; *
sing praises, all you heavenly host.**

3 Praise the Lord, sun and moon; *
sing praises, all you shining stars.

**4 Praise the Lord, heaven of heavens, *
sing praises, you waters above the heavens.**

5 Let them praise the name of the Lord; *
who gave the command and they were created,

**6 who made them stand fast for ever and ever, *
who gave them a law which shall not pass away.**

7 Praise the Lord from the earth, *
you sea-monsters and all deeps;

**8 fire and hail, snow and fog, *
tempestuous wind, doing God's will;**

9 mountains and all hills, *
fruit trees and all cedars;

**10 wild beasts and all cattle, *
creeping things and wingèd birds;**

11 sovereigns of the earth and all peoples, *
princes and all rulers of the world;

**12 young men and young women, *
old and young together.**

13 Let them praise the name of the Lord, *
whose name only is exalted,
whose splendour is over earth and heaven.

**14 The Lord has raised up strength for this people
and praise for all loyal servants, *
the children of Israel,
a people who are near to the Lord. Hallelujah!**

A Reading from Paul's Letter to the Galatians

marked by Jesus...

¹⁴ May I never boast of anything except the cross of our Lord Jesus Christ, by which the world has been crucified to me, and I to the world.

¹⁵ For neither circumcision nor uncircumcision is anything; but a new creation is everything! ¹⁶ As for those who will follow this rule—peace be upon them, and mercy, and upon the Israel of God. ¹⁷ From now on, let no one make trouble for me; for I carry the marks of Jesus branded on my body. ¹⁸ May the grace of our Lord Jesus Christ be with your spirit, brothers and sisters. Amen.

GALATIANS 6:14-18

At the conclusion of the scripture, the reader says,

The word of the Lord.

People **Thanks be to God!**

Please stand for the Gospel as you are able.

Gospel Acclamation

Leonard Cohen

Alleluia, alleluia. Alleluia, alleluia.

The Holy Gospel According to Matthew

Reader The Lord be with you.

People **And also with you.**

Reader The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Jesus Christ.**

a surprisingly light burden...

²⁵ At that time Jesus said, 'I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; ²⁶ yes, Father, for such was your gracious will. ²⁷ All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

²⁸ 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. ²⁹ Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. ³⁰ For my yoke is easy, and my burden is light.'

MATTHEW 11:25-30

At the conclusion of the Gospel, the reader says,
The Gospel of Christ.

People **Praise to you, Lord Jesus Christ.**

Gospel Acclamation

Leonard Cohen

Alleluia, alleluia. Alleluia, alleluia.

Sermon

the Venerable Stephanie Shepard

Anthem

Make Me an Instrument of Thy Peace

arrange. by Mary MacDonald

Prayers of the People

We speak with God of our concerns, longings, and thanks, followed by an admission that we are all in need of healing and forgiveness beyond our capacity:

Celebrant Let us confess our sins against God and neighbour.

Silence

All **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Celebrant Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord.

All **Amen.**

The Peace

Celebrant The peace of the Lord be always with you.

People **And also with you.**

You are invited to greet your neighbour appropriately, respecting each other's comfort with touch.

The gifts of bread and wine are brought forward to represent the love of God for us; the offering plate is brought forward representing our love for God. If you currently contribute to St. Francis-in-the-Wood via Pre-Authorized Debit (PAD), feel free to acknowledge that contribution by placing into the offering plate one of the 3.5" x 2" PAD cards in the pew.

If you wish to make an additional or separate donation please fill in the Offering Envelope, also in the pew. Cash, credit cards and cheques are all gratefully accepted. Tax receipts for amounts of \$25 or more will be issued. Thank you.

THE CELEBRATION OF THE EUCHARIST

Offering Hymn

All Creatures of Our God and King

Common Praise 355

**All creatures of our God and King,
lift up your voices, let us sing:**

Alleluia, alleluia!

**Bright burning sun with golden beams,
pale silver moon that gently gleams,**

Alleluia, alleluia,

Alleluia, alleluia, alleluia!

**Great rushing winds and breezes soft,
you clouds that ride the heavens aloft,**

O praise him, alleluia!

**Fair rising morn, with praise rejoice,
stars nightly shining, find a voice,**

Alleluia, alleluia, alleluia, alleluia, alleluia!

**Swift flowing water, pure and clear,
make music for your Lord to hear,**

Alleluia, alleluia!

**Fire, so intense and fiercely bright,
you give to us both warmth and light,**

Alleluia, alleluia, alleluia, alleluia, alleluia!

**Earth ever fertile, day by day
unfold your blessings on our way,**

O sing now, alleluia!

**All flowers and fruit that in you grow,
God's glory let them also show:**

Alleluia, alleluia, alleluia, alleluia, alleluia!

**All you with mercy in your heart,
forgiving others, take your part,
alleluia, alleluia!**

**All you that pain and sorrow bear,
sing praise and cast on God your care:**

Alleluia, alleluia, alleluia, alleluia, alleluia!

**And even you, most gentle death,
waiting to hush our final breath,
O sing now, alleluia!**

**You lead back home the child of God,
for Christ our Lord that way has trod:**

Alleluia, alleluia, alleluia, alleluia, alleluia!

**Let all things their creator bless,
and worship him in humbleness,**

O praise him, alleluia!

**Praise God the Father, praise the Son,
and praise the Spirit, Three in One:**

Alleluia, alleluia, alleluia, alleluia, alleluia!

Prayer Over the Gifts

Celebrant Prepare to look upon the humility of God.
Pour out your hearts before the Lord of the Universe.
Humble yourselves that God might exalt you.
Hold back nothing of yourselves for yourselves,
that the Lord may receive your all who gave his all to you.

People **Blessèd are you, Lord of all Creation;
through your goodness we have these gifts to share.
Accept and use our offerings for your glory
and for the service of your kingdom.
Blessèd be God for ever. Amen.**

Eucharistic Prayer

Third Order of the Society of St. Francis

(“Eucharist” means “good thanksgiving” in Greek)

Celebrant The Lord is here.

People **The Spirit of God is with us.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give our thanks and praise.**

Celebrant All Powerful, Most High, Supreme Good Lord, we praise and thank you for bringing light to the darkness of our lives. By your Word at creation you brought forth our brother sun and sister moon, and your loving gaze looked upon all that you had made to find it very good. But by sin the world was blinded; by sin we lost our way. Then through your Son you revealed the light of your love. As one of us, you walked among us. Unite us this day to your Son, that we may shine with your glory to the world; by your light help us see and become the light. Rejoicing in the splendor of your radiance, countless throngs of angels and archangels give you unceasing praise. Joining with them and giving voice to every creature under heaven, we break forth in song to sing your joyous praise:

All **Holy, holy, holy Lord, God of power and might.
Holy, holy, holy Lord, God of power and might.
Heaven and earth are full, full of your glory.
Hosanna in the highest. Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest, Hosanna in the highest.**

Celebrant You are worthy, O God, to be worshipped and praised by all that you have made. For you loved the world so much that you gave your only Son, so that all might find new life in him. By your Holy Spirit, you anointed Jesus to preach good news to the poor, to proclaim freedom for prisoners and recovery of sight to the blind, and to release those who are oppressed. Healing the sick, feeding the hungry, and feasting with sinners your Son proclaimed the Kingdom of God was at hand. Living among us Jesus revealed your glory, full of grace and truth. Yet the world rejected him, opposing his mission and witness.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the New Covenant, which is shed for you for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." In all humility, Christ then accepted betrayal and death upon a cross for our redemption.

Therefore, O Lord, you raised him from the dead and gave to Jesus the name above all other names, so that all might be humbled to confess that Jesus Christ is Lord of all. Almighty God, as we celebrate this memorial of our redemption, we praise you for your love and mercy revealed in Jesus Christ our Lord. Remembering his death, rejoicing in his resurrection, we offer all we have and all we are to you. As we await the return of Christ in glory, let your Holy Spirit come upon this bread and wine and upon us, that we may be filled with your power and grace through the Body and Blood of Jesus Christ.

All **Unite us to your Son, our Lord Jesus Christ,
who brings us out of darkness into the wonderful light.**

Celebrant All this we ask through our Savior Jesus Christ, by whom, and
with whom, and in whom, in the unity of the Holy Spirit all honor
and glory is yours, Almighty Father, now and forever.

All **Amen.**

The Lord's Prayer

You are invited to pray in the language and version closest to your heart:

Celebrant In the words that Jesus taught us, let us pray:

All **Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
Forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
But deliver us from evil,
For thine is the kingdom, the power, and the glory
For ever and for ever. Amen.**

The Breaking of the Bread

Celebrant We break this bread to share in the body of Christ.

All **We, being many, are one body,
For we all share in the one bread.**

Lamb of God

Common Praise 747

**Jesus, Lamb of God, have mercy on us.
Jesus, bearer of our sins, have mercy on us.
Jesus, redeemer, redeemer of the world,
Give us your peace, give us your peace.**

Communion

The celebrant invites the people to share in communion and says,

People The gifts of God for the People of God.
Thanks be to God.

The choir receives and then everyone else comes forward for communion or a blessing. During Communion these hymns may be sung:

God of the Sparrow

Common Praise 414

**God of the sparrow, God of the whale,
God of the swirling stars,
How does the creature say, Awe?
How does the creature say, Praise?**

**God of the earthquake, God of the storm,
God of the trumpet blast,
How does the creature cry, Woe?
How does the creature cry, Save?**

**God of the rainbow, God of the cross,
God of the empty grave,
How does the creature say, Grace?
How does the creature say, Thanks?**

**God of the hungry, God of the sick,
God of the prodigal,
How does the creature say, Care?
How does the creature say, Life?**

**God of the neighbor, God of the foe,
God of the pruning hook,
How does the creature say, Love?
How does the creature say, Peace?**

**God of the ages, God near at hand,
God of the loving heart,
How do your children say, Joy?
How do your children say, Home?**

**For the beauty of the earth,
For the glory of the skies,
For the love which from our birth
Over and around us lies.
Christ our God, to thee we raise,
This our sacrifice of praise.**

**For the beauty of each hour,
Of the day and of the night,
Hill and vale, and tree and flower,
Sun and moon, and stars of light.
Christ our God, to thee we raise,
This our sacrifice of praise.**

**For the joy of ear and eye,
For the heart and mind's delight,
For the mystic harmony
Linking sense to sound and sight.
Christ our God, to thee we raise,
This our sacrifice of praise.**

**For the joy of human love,
Brother, sister, parent, child,
Friends on earth and friends above,
For all gentle thoughts and mild.
Christ our God, to thee we raise,
This our sacrifice of praise.**

**For each perfect gift of thine,
To our race so freely given,
Graces human and divine,
Flowers of earth and buds of Heaven.
Christ our God, to thee we raise,
This our sacrifice of praise.**

After Communion

Standing, the community prays in silence.

Celebrant God of all goodness,
All **who gave to your servant Francis
a will to be the servant of all,
grant us in our service of your gospel
to hold back nothing of ourselves for ourselves,
that Christ may receive the whole of our lives
into the habitations of light and glory;
through the same Jesus Christ our Lord. Amen.**

Celebrant Glory to God,
All **Whose power, working in us,
can do infinitely more than we can ask or imagine.
Glory to God from generation to generation,
in the Church and in Christ Jesus,
for ever and ever. Amen.**

Sending Hymn

Let's Sing Unto the Lord

Common Praise 417

**Let's sing unto the Lord a hymn of glad rejoicing,
Let's sing a hymn of love, joining hearts and happy voices.
God made the sky above, the stars, the sun, the oceans.
Their goodness does proclaim the glory of God's name.
Alleluia, alleluia,
Let's sing unto the Lord. Alleluia.
Alleluia, alleluia,
Let's sing unto the Lord. Alleluia.**

**Let's sing unto the Lord a hymn of adoration,
Express unto the Lord our songs of faith and hope.
Creation's broad display proclaims the work of grandeur,
The boundless love of one who blesses us with beauty.
Alleluia, alleluia,
Let's sing unto the Lord. Alleluia.
Alleluia, alleluia,
Let's sing unto the Lord. Alleluia.**

Let's sing unto the Lord. Alleluia!
Let's sing unto the Lord. Alleluia!

Blessing and Dismissal

Celebrant and now, a blessing of St. Francis of Assisi:

May God bless you with discomfort
at easy answers, half-truths and superficial relationships,
so that you may live deep within your heart.

May God bless you with anger,
at injustice, oppression and exploitation of people,
so that you may work for justice, freedom and peace.

May God bless you with tears,
to shed for those who suffer pain, rejection, hunger and war,
so that you may reach out your hand to comfort and
to turn their pain to joy.

And may God bless you with enough foolishness
to believe that you can make a difference in the world,
so that you can do what others claim cannot be done
to bring justice and kindness to all.

And the blessing of God almighty:
source of Life, Incarnate Word of Love, and Holy Spirit
rest upon you and remain with you always.
Amen.

Celebrant Go in peace to love and serve the Lord.
All **Thanks be to God!**

Postlude